

BRENDAN STOKES

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Professional Membership

British Association of Counselling and Psychotherapy – MBACP (Accred) – Register No. 389161

I have relevant DBS, ICO and full insurance.

Professional Qualifications

- Ø **Level 5 Certificate In Relational Supervision – CYP and Adult Focus** – CPCAB – LRS Training - 2024
- Ø **Level 5 Certificate Advanced Specialist Training in Counselling Children and Young People** – CPCAB – LRS Training - 2022
- Ø **Level 4 Diploma in Therapeutic Counselling** – CPCAB – Cara Counselling Training - 2020
- Ø **Level 3 Certificate in Counselling Studies** – CPCAB – Cara Counselling Training - 2018
- Ø **Level 2 Certificate in Counselling Skills** – CPCAB – Cara Counselling Training - 2017
- Ø **Certificate in Working with Children, Young People, Adolescents and Families** – CPCAB – Cara Counselling Training – 2019
- Ø **Certificate in Young Peoples Counselling** – WCC Counselling - 2021
- Ø **Certificate in Using Creative Techniques in a Therapeutic Setting** – Cara Counselling Training – 2018
- Ø **Certificate in Working with Anger: Friend or Foe** – Cara Counselling Training – 2018
- Ø **Certificate in The Nature of Trauma and Dissociation** – Confer – 2022

Experience

Prime Minds Counselling

Founder & Head of Clinical Services– Apr/2024 – Present
Providing school counselling services and training counsellors

St. Oscar Romero

School Counsellor – Sep/2020 – Present
Delivering a full school counselling service

Worthing Counselling Centre

Associate Counsellor – Nov/2020 – Present
Providing low-cost counselling for a charity

Private Practice

Counsellor and Psychotherapist – Jun/2021 – Present
Private counselling for all ages

Durrington High School

School Counsellor – Jun/2019 – Jul/2021
Working as part of a team to deliver the school counselling service

Various IT roles – 2001 – 2017

Education

Worthing Sixth Form – 4 A Levels - 2001
Our Lady of Sion – 10 GCSE's - 1999